

ASK LARRY

Senior Discounts 2.0

Q: *Hi Larry. I went to Bed Bath And Beyond yesterday and asked for my 10% off and they acted like I had two heads... even the manager said no. We only do the coupons. What is up with that? Is there anything I can show them to prove they are supposed to give me a discount?*

A: Unfortunately, businesses do not have to give you a senior discount. There is no law requiring them to do so. The good news is that many businesses offer senior discounts from 10 to 20 percent including retail

stores, restaurants, airlines, hotels, car rental, spas/hair salons, grocery stores, car insurance, local and National parks, movies and more. Don't be shy. The worst thing they can say is No. Keep asking!

For a list of 100+ stores with senior discounts, go to: www.bradsdeals.com.

Q: *I see that you're 75 and playing USTA tennis. Any secrets staying active and healthy?*

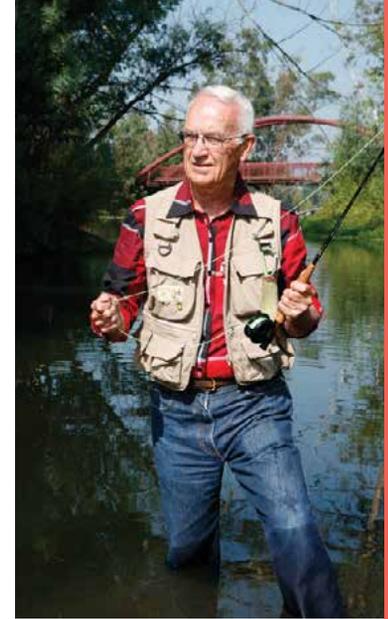
A: It isn't because of my genes. My parents died fairly young—mom 74 and dad 66. Some of it's luck but I believe exercise plays a

big role and eating healthy. Also having a positive attitude helps plus being married 46 years to my spouse who takes good care of me.

Speaking of your genes—they count but only 20% toward longevity. Watch what you eat, keep moving and you'll live longer and healthier.

Q: *Can you believe YELP reviews?*

A: You have to be very careful what you read on YELP. Many of the "positive" reviews are posts from "family and friends" of the business



owner. In some cases, people are paid to say good or bad things about a business or service. Having said that, I still go to YELP to check out restaurant reviews. It's better than nothing!

Got a question?

Ask me anything—email: ASKLARRY@activeover50.com. Or call 408.921.5806.

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