

Personal Hygiene

Help For Those With Limited Mobility

June 9, 2006 is a day that Deborah Tacoma will never forget. She was in a car accident that broke her back that left her in a back brace for nearly five months.

Limited mobility and being unable to take care of her own personal hygiene caused great emotional and physical stress. Deborah states that "leaving the hospital a week later, being obese and with a broken back, I experienced humiliation and frustration as others assisted me in keeping clean."

Restrictions of the back brace made it difficult to take care of her toileting and grooming which resulted in being restricted to her home for weeks due to unpredictable bathroom visits and no adequate personal hygiene aid.

However, out of this bad experience came a good idea: the creation of FreedomWand, a personal hygiene tool for people with limited range of motion.

"I realize that people live with limitations longer than a few months;

some live with it their entire lives," Deborah said. "I realized how they function and created something to help with that."

Unlike other toileting aids on the market, FreedomWand is multi-length, multi-purpose and portable. It comes in three pieces that can be used at 7", 14" or 21" and can hold toilet tissue, razor, Loofah and ointment sponges. There is also an option to purchase an extension for an additional 4" or a strap for added leverage and gripping.

"We created FreedomWand to help people become more active, stay independent and be confident with taking care of their own personal hygiene. It's becoming the next best care practice because it can help people who struggle with spinal surgeries, hip and knee surgeries."

To learn more about FreedomWand, go to FreedomWand.com. Or call toll free: 1.866.931.0886.



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