

# “Amazing Little Watch”

By Steve & Eva Aber



Eva and Steve Aber

**I used to be an Apple mobile technology skeptic, in particular, an iPhone skeptic. I had a Motorola Startac flip phone forever and didn't see the need for another cell phone company.**

Until I was talked into buying the new iPhone. I was told you wouldn't regret it and I didn't. The same sentiment applied when the first Apple iWatch was introduced. Does the world really need another watch company? I thought no but couldn't resist the temptation to try out the impressive feature list so I went ahead and got one.

For about a month now, I've been wearing my Apple iWatch version 4. My experience so far is similar to the one I had when I got my first iPhone, that is, being amazed at discovering cool feature after cool feature.

One of the first things that surprised me was how easy it is to see the tiny screen. You'll still need to put on your reading glasses but the resolution is crisp and bright. The sound and audible features came next.

Eva, my wife, phoned and asked, "honey did you get your new iWatch yet?" I lied (in the interests of making sure the test was authentic) and answered, "I'm on my way to get it now." When I told her I was actually talking with her on my new iWatch, she thought I was talking on my iPhone. That's how clear and loud it sounded.

I text messaged Eva using the voice to text feature which worked flawlessly. You can also enter text by using your finger to draw text symbols. I need to work on this handwriting thing because it does take practice.

The features that I wanted to make sure worked, according to all the hype, were personal health, safety monitoring and tracking.

When I lied to Eva I noticed that my heart rate increased so I know the heart rate monitor works well. Other highly anticipated iWatch features like the ECG and fall detection are a work in progress.

But the feature that I was really looking forward to testing was location tracking. I asked Eva to see if she could find me using her "Find Friends" app on her iPhone.

"You're at the golf course, aren't you?" she asked. She was right and up went my heart rate. I did all of this without having to have my iPhone with me.

This device is the first wearable that I have worked with that does have the ability to significantly help seniors and even save lives. If you're a small team like a couple or family living at home or a larger team such as a seniors community where there are vulnerable residents at risk of falling or wandering, you should take a serious look at this amazing little watch.

---

**Steve and Eva Aber offer free consultation services on retirement options including senior housing and aging in place. To learn more, go to [aberteam.com](http://aberteam.com).**