

ASK LARRY

Should I Move?

Q: *We love the Bay Area and have lived here 45 years. All our family and friends are here. Our home of 25 years has nearly tripled in value (on paper, anyway) and we're thinking of selling and moving out of state to a less expensive place. Should we? My husband and I are both 68.*

A: Hard question. I have had some friends recently sell their homes and move out of state. They were able to buy larger, better homes... paid cash for them...and still have money left over for retirement.

Sounds good. But there is a catch. They had to leave

behind their families, friends and communities of 50 years and start all over in a strange place. Building a new life, making new friends and exploring new places are exciting when you're young but can be daunting in your later years.

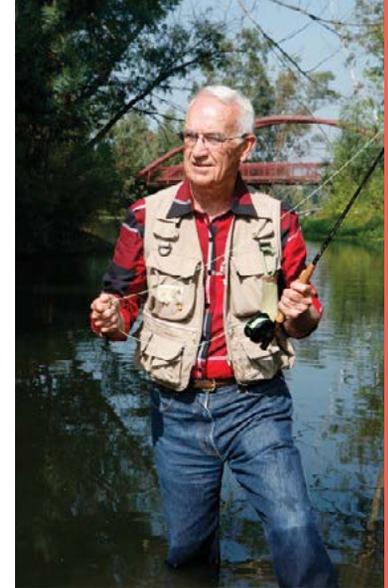
My wife and I moved to San Jose, CA when I graduated from Syracuse University in 1970. We loaded up our 1966 Ford LTD with a black & white 17" TV and two suitcases of clothes. We had no job, no place to live and didn't know anyone in the Bay Area. Me worry? No. We were young, idealist and full of energy and life.

Would we move today? Probably not. Our daughter lives 10 minutes from us. We're both active and engaged in our community and work as volunteers for several nonprofits.

But every situation is different. Selling your home, taking the equity and moving out of state may be your best option. It's a life changing decision. You just need to sleep on it.

Q: *I'm 78. Is it too late to make new friends?*

A: Not at all. What are your interests? Hiking? Fishing? Travel? Games? Gardening? Volunteering? Seek out and join organizations and clubs that interest you. Start your

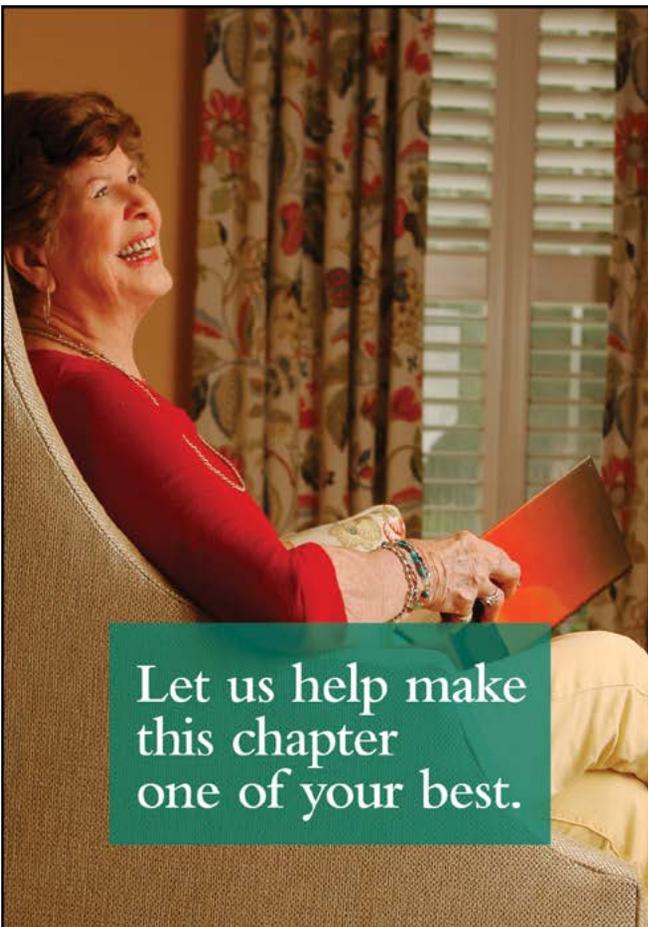


search on the Internet. Visit senior centers, libraries and churches.

Ask around. You'll be surprised how many new friends you'll meet at any age.

Got a question?

Ask me anything—email: ASKLARRY@activeover50.com. Or call 408.921.5806.



Let us help make this chapter one of your best.

It begins with the right setting. Comfortable surroundings that please the eye and senses. A responsive staff for resident support needs, with a licensed nurse on-site 24/7. Professionally guided fitness and therapy for an active lifestyle. Delicious, chef-prepared cuisine. Concierge and transportation services. Enriching activities for mind, body and spirit. What happens next is up to you. After all, it's your story.

Distinctive Residential Settings | Award-Winning Memory Care
Chef-prepared Dining | Premier Programs for Health and Wellness
Professionally Supervised Therapy and Rehabilitation Services

BELMONT Village
SENIOR LIVING

belmontvillage.com
San Jose 408.984.4767
Sunnyvale 408.720.8498

Winner of the George Mason University Healthcare Award for the Circle of Friends® memory program. A designated provider to the NFL Player Care Plan.