

My Rainy Hi Tech Day

By Beth Baily

It seems my kids want me to keep up with the times so I was convinced to get a smart phone. I'm trying to use it more.

Each morning, I get up and look at the phone to see what is on my calendar and then I look at the weather so I will know how to dress. This morning my phone showed my area would be cloudy but no rain.

After lunch, I drove to the local bicycling trail for my daily bike ride. Getting out of the car, I noticed it was a bit chilly so I put my arm warmers on and took off.

I hadn't packed a jacket but I did have my raincoat in my handlebar bag. I put it on and rode to my turn around spot. Working hard because of the headwind, I had begun to perspire in my plastic raincoat. I decided to take it off for the return trip since the wind would now be at my back.

You know what happened as soon as I removed the raincoat, don't you? It started to sprinkle.

I'm now as far away from my car as I get on my short ride, eight miles. The sprinkle turned into a rain and it continued all the way to my car. It's not cool in my crowd of cyclists over 60 to have fenders on your bicycle so my rear tire deposited all the grit and grime along with an abundance of water onto my polypropylene, breathable, high-tech jersey.

This nifty jersey filtered the grit and let the water pass right thru to my spine. There this abundance of water proceeded to run down my back into my shorts where it collected on my hi tech, completely synthetic pad in my lycra bike shorts.

I feel like I am sitting in a plastic tub full of water. My shoes are so heavy they weigh more than my hi tech bike



does. My glasses are so wet I can't really see where I'm going but it's ok because I'm on a trail. All the intelligent people got off the trail because they didn't have a smart phone to tell them that it wasn't going to rain today.

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