



Photo: Canyon Calling Adventures for Women

# Women Only Adventures



**Moab Mindful Running Retreat:** Women's Guided Trail Running and Mindfulness Retreat in **Moab, Utah**, 4 days, \$1950, Run Wild Retreats + Wellness, [runwildretreats.com](http://runwildretreats.com)

**Colorado Rockies** Ramble- Women's Multi-Sport Tour, 7 days, \$2550, Adventures in Good Company, [adventuresingoodcompany.com](http://adventuresingoodcompany.com)

**Dominican Republic** Tropical Adventure: Women Only Multi Sport, 8 days, \$1699, Explorer Chick Adventure Co., [explorerchick.com](http://explorerchick.com)

**Costa Rican** Explorer, 8 days, \$2995, Canyon Calling Adventures for Women, [canyoncalling.com](http://canyoncalling.com)

**(Egypt)** Goddesses, Queens, and Heroines Tour, 12 days, \$4795, Wild Women Expeditions, [wildwomenexpeditions.com](http://wildwomenexpeditions.com)

**Ethiopia:** From Addis to the Omo River, 13 days, \$4599, The Women's Travel Group, [thewomenstravelgroup.com](http://thewomenstravelgroup.com)