

“I learned About Dementia With Virtual Reality”

By Larry Hayes, A050 CEO/Publisher



Author Larry Hayes exploring VR

At first, I was reluctant to try the new “virtual reality” dementia training program offered by Care Indeed, a homecare provider in the San Francisco Bay Area.

Being somewhat claustrophobic, I felt that it might make me dizzy and disoriented. Wrong. However, I opted to stay seated instead of standing up. Less likely to get vertigo sitting down, I thought.

My fears were unfounded. No dizziness or disorientation. Somewhat strange to get used to but nothing to worry about.

After putting on the headset, I was immediately immersed into another world watching a pseudo caregiver take care of a pseudo older person with dementia. (Although the caregiver and dementia patient in the video were professional actors, they appeared real and believable to me.)

Throughout the short training program, a series of interactive, multiple questions and answers appeared based on the situation I was watching. I missed some of the questions but was allowed to retake and correct. Made me realize that there are no “right” answers to every situation in life. Just some better than others.

TAKEAWAYS

Taking care of people with dementia is very difficult and challenging.

It requires a tremendous amount of compassion, understanding and patience. The VR dementia program offered by Care Indeed is a very good educational tool not only helpful for caregivers but for anyone. To learn more about VR, call Care Indeed. 877.504.3822. careindeed.com.

Note: Although I have friends whose parents or relatives have or had dementia, I personally have never known or spoken to anyone with the disease. The “VR” dementia training program opened my eyes to the reality of dementia and how terrible it must be to lose your mind.

Care Patrol
“Better Senior Living Choices”

We Help Families Find Independent Living, Assisted Living, Memory Care & In Home Care Options.

We Review the Care & Violation History of the Communities We Work With.

We Personally Tour You to Recommended Facilities That Meet Your Needs.

We Are a FREE Community Service!

Call Sue Gibson
(415) 656-6869
www.CarePatrol.com

GO BOWLING!

Santa Clara Lawn Bowling



Open to everyone, all ages. Fun. Low-key sport, easy to learn. Gentle, walking exercise in beautiful Santa Clara Central Park.	For FREE lessons and information, call Jerry Patrignani 408.499.5423.	2625 Patricia Drive, Santa Clara. Located off Homestead Road between Central Park Library and International Swim Center.
--	--	--