

Look Younger. Better.

By Nova Despaigne

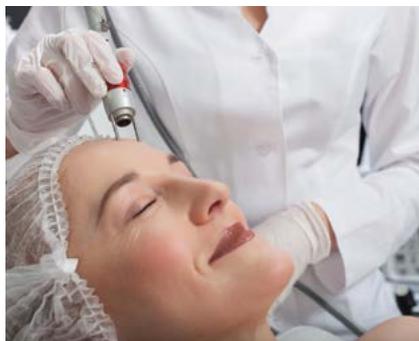


As we get older, we start experiencing a variety of issues associated with aging skin. Dark liver spots, unsightly red spider veins on the face and “drinker’s nose”— a red nose caused by spider veins in the nose. All are common conditions that occur to the skin as we age.

All of these skin issues do not have to be endured and are easily treatable. Treatment for dark spots and spider veins are among the most common cosmetic procedures available. These conditions are caused by prolonged exposure to the sun which affect the skin as we age.

Laser technology has allowed the elimination of dark spots and spider veins to be quick and easy with most patients resuming their normal activity with little or no downtime.

The most common lasers used to treat these conditions are Candela lasers. These lasers use different settings to target and eliminate the dark spots and will also diminish the red veins in your skin. Laser procedure is about a 20 minute session with the dermatologist and the cost can range between \$200-\$1,000 per treatment.



Your local Cosmetic Dermatology office can help you with a variety of advanced procedures to treat not only dark spots and spider veins but also

wrinkles, fine lines, laser hair removal and provide skin rejuvenation and tightening.

For any aging skin issue, there is a Cosmetic Dermatologist you can consult with to discuss your skin condition and give you the results you would like to achieve.

Nova Despaigne is the Service Unit Manager for Kaiser Permanente Cosmetic Services in San Jose. You do not have to be a Kaiser Permanente member to use its cosmetic services. For more information, contact Kaiser Permanente, Cosmetic Services, 2440 Samaritan Dr. #2 San Jose, CA. 408-851-8200 or visit www.kpcosmeticservices.com. All dermatologists are board certified by the American Board of Dermatology.